

Center Number: _____ Participant Number: _____ Participant's Initials: _____
first middle last

Permanent Discontinuation

1 Date of permanent discontinuation: ____/____/____
day month year

2 Reason(s) for discontinuation (check only one):

- ₁ Persistent potassium level > 5.0 mEq/L resistant to one month of treatment
- ₂ Persistent potassium level ≥ 5.5 mEq/L after CR was temporarily discontinued and restarted
- ₃ Persistent anemia (*anemia still not improving or worsening one month after temporary discontinuation*)
- ₄ Ventricular ischemia confirmed by stress image
- ₅ Decrease in BMD at the hip or spine of 5% or greater from baseline at any time during first 12 months of CR
- ₆ Decrease in BMD at the hip or spine of 10% or greater from baseline at any time during months 12–24 of CR
- ₇ BMD t-score at any site (*hip, femoral neck, or total spine*) of less than -2.5 at any time during study
- ₈ Eating disorder (*including anorexia nervosa, bulimia nervosa or binge eating OR experiencing a sub-threshold eating disorder*)
- ₉ Further decrease in BMI after 1 month of increase calorie intake **OR** temporary discontinuation of CR intervention **OR** persistent decrease in BMI (< 18.5) after CR intervention restarted
- ₁₀ Psychiatric disorder (*including severe depression*)
- ₁₁ Reoccurrence of moderate depression (*BDI still > 20*) after CR intervention restarted **OR** moderate depression that is not improving or is worsening (*BDI ≥ 30*) after temporary discontinuation of CR intervention
- ₁₂ Major illness or disease (e.g., cancer)
- ₁₃ Trauma requiring prolonged hospitalization or bed rest for more than one month
- ₁₄ Menstrual irregularities or acyclicity for more than one year (*women only*)
- ₁₅ Pregnancy (*women only*)
- ₁₆ Participant withdrew consent
- ₁₇ Personal reasons (*specify*): _____
- ₉₈ Other: _____

Participant's Details:

Date of birth: ____/____/____
day month year

Height: _____ . ____ cm

Gender: Male Female

Weight: _____ . ____ kg

BMI (if applicable): _____

Relevant Medical History:

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Permanent Discontinuation (continued)

Relevant Concomitant Medication (do not list medication administered to treat this event):

Medication	Dose & Unit	Frequency	Route	Start Date	Continued	Stop Date
				____/____/____ <small>day month year</small>	<input type="checkbox"/> No <input type="checkbox"/> Yes	____/____/____ <small>day month year</small>
				____/____/____ <small>day month year</small>	<input type="checkbox"/> No <input type="checkbox"/> Yes	____/____/____ <small>day month year</small>
				____/____/____ <small>day month year</small>	<input type="checkbox"/> No <input type="checkbox"/> Yes	____/____/____ <small>day month year</small>

Relevant Lab Tests:

Test	Date	Value/Results	Normal Range
	____/____/____ <small>day month year</small>		
	____/____/____ <small>day month year</small>		
	____/____/____ <small>day month year</small>		
	____/____/____ <small>day month year</small>		

Please describe any additional action taken (e.g., observation or seek medical attention outside study):

Investigator's Signature

Investigator: _____ Date: ____/____/____
signature day month year