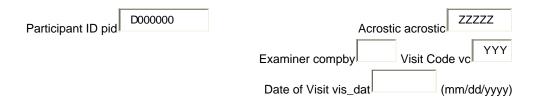
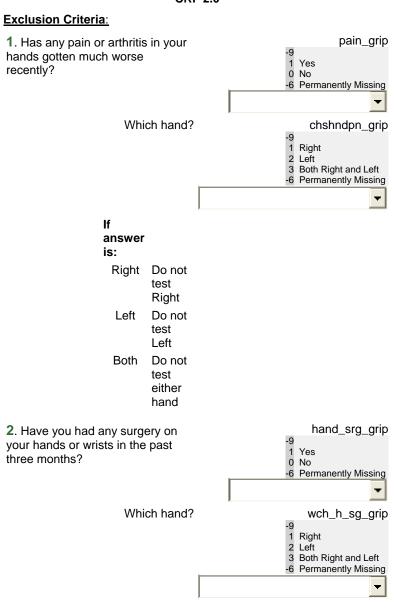
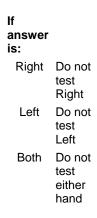
## Dataset name: grip\_v2.0



## **Grip Strength (Hand-Held Dynamometer)**

## **CRF 2.0**





3. Are you right or left-handed?



Test the dominat hand. If an exclusion was met, then test the nondominant hand.

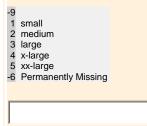
<u>Script:</u> "I'd like you to take your dominant arm, rest it on the table, and bend your elbow. Grip the two bars in your hand, like this. You need to slowly squeeze the bars as hard as you can."

Hand the dynamometer to the participant. Adjust if needed.

<u>Script:</u> "Now try it once just to get the feel for it. For this practice, just squeeze gently. It won't feel like the bars are moving, but your strength will be recorded. Are the bars the right distance apart for a comfortable grip?"

Show dial to participant.

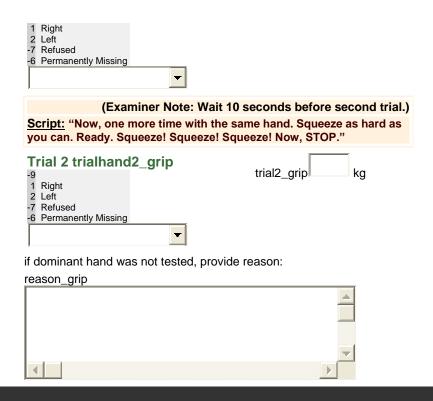
Dynamometer setting: dyn\_set\_grip



<u>Script:</u> "We'll do this twice for your dominant hand. This time it counts, so when I say "Squeeze", squeeze as hard as you can. Ready. Squeeze! Squeeze! Squeeze! Now, STOP."

(Intervewier Note: Please indicate what hand was used. For follow up assessments, please use same setting and same hand that used at the screening visit.)

Trial 1 trialhand1\_grip





Participant ID (affix ID label here)		Examiner	
Grip Strength (Hand-Held Dynamometer)			
Has any pain or arthritis in your hands gotten much worse recently?  Yes No			
	Which hand?	Right - (Do not test right)  Left - (Do not test left)  Both Right and Left - (Do not test either hand and stop test)	
2. Have you had any surgery on your hands or wrists in the past three months?  Yes No			
	Which hand?	Right - (Do not test right)  Left - (Do not test left)	
3. Are you right or left-handed?		Both Right and Left - (Do not test either hand and stop test)  Right	
		Left Don't Know (test right hand)	

(affix ID label here)	Visit Code		
(a.m. 12 label lies)			
	<u> </u>		
Test the dominat hand. If an exclusion was met, then test the nondominant hand.			
Script: "I'd like you to take your right (or left) arm, rest it on the table, and bend your elbow. Grip the two bars in your hand, like this. You need to slowly squeeze the bars as hard as you can."			
Hand the dynamometer to the participant. Adjust if needed.			
<u>Script</u> : "Now try it once just to get the feel for it. For this practice, just squeeze gently. It won't feel like the bars are moving, but your strength will be recorded. Are the bars the right distance apart for a comfortable grip?"			
Show dial to participant.			
Dynamometer setting: 1=small 2= medium 3=large 4= x-large 5= xx-large			
Script: "We'll do this twice for your right (or left) hand. This time it counts, so when I say "Squeeze", squeeze as hard as you can. Ready. Squeeze! Squeeze! Squeeze! Now, STOP."			
(Intervewier Note: Please indicate what hand was used. For follow up assessments, please use same setting and same hand that used at the screening visit.)			
RIGHT	LEFT		
Trial 1 kg	Refused		
(Examiner Note: Wait 10 seconds before second trial.)			
Script: "Now, one more time with the same hand. Squeeze as hard as you can. Ready. Squeeze! Squeeze! Now, STOP."			
RIGHT	LEFT		
Trial 2 kg	Refused		
If dominant hand was not tested, provide reason:			

LIFE

Participant ID

Acrostic