# Napping, Caffeine, and Energy Drink Inventory 

CRF 1.1
Napping Inventory

The following question relates to your usual napping habits in the past month only. Your answer should indicate most accurate reply for the majority of days in the past month.
(Interviwer Note: Instruct participant to respond in minutes and to consider all naps combined in a single day.)

1. How much time do you spend napping or sleeping during a typical day, meaning prior to your bedtime?

## Caffeine and Energy Drinks Inventory



Source Form Language: lang


Napping, Caffeine, and Energy Drink Inventory

| Napping Inventory |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| The following question relates to your usual napping habits in the past month only. Your answer should indicate most accurate reply for the majority of days in the past month. <br> (Interviewer Note: Instruct the participant to respond in minutes and to consider all naps combined in a single day.) |  |  |  |  |  |
| 1. How much time do you spend napping or sleeping during a typical day, meaning prior to your bedtime? |  |  |  | Minutes |  |
| Caffeine and Energy Drinks Inventory |  |  |  |  |  |
|  | - |  | ® | $\stackrel{\mathrm{O}}{\mathbf{O}}$ |  |
| 2. How many cups or cans of caffeinated beverages, such as soda, energy drinks, coffee, tea, iced coffee, or iced tea, do you typically drink each day? |  | $\square$ |  | $\square$ | $\square$ |

