Dataset name: essq_v1.2

Participant ID pid | D000000

Acrostic acrostic | ZZZZZ

Interviewer compby | [ ] Visit Code vc | YYY

Date of Visit vis_dat | [ ] (mm/dd/yyyy)

EPWORTH SLEEPINESS SCALE (ESS)

CRF 1.2

Pre-interview instructions:
"The following questions are about daytime drowsiness. This refers to how sleepy you feel or felt in recent times. Even if you have not done some of following activities recently, think about how sleepy you would be, doing each activity."

How likely are you to doze off or fall asleep <u>in contrast to feeling just tired</u>… *(Interviewer note: repeat stem for each activity and show response card.)*

1. while sitting and reading?

sitread_essq

```
-9 -
1  Would never doze
2  Slight chance of dozing
3  Moderate chance of dozing
4  High chance of dozing
-7 REF
-8 Don't know
-6 Permanently Missing
```
[- ▼]

2. while watching TV?

wtchtv_essq

```
-9 -
1  Would never doze
2  Slight chance of dozing
3  Moderate chance of dozing
4  High chance of dozing
-7 REF
-8 Don't know
-6 Permanently Missing
```
[- ▼]

3. while sitting, inactive in a public place (at a theater or meeting)?

public_essq

```
-9 -
1  Would never doze
2  Slight chance of dozing
3  Moderate chance of dozing
4  High chance of dozing
-7 REF
-8 Don't know
-6 Permanently Missing
```
[- ▼]

4. while a passenger in a car for an hour without a break?

pssgrhr_essq

```
-9 -
1  Would never doze
2  Slight chance of dozing
3  Moderate chance of dozing
4  High chance of dozing
-7 REF
-8 Don't know
-6 Permanently Missing
```

| - | ▼ |

5. while lying down to rest in the afternoon when circumstances permit?

lydwn_essq

-9	-
1	Would never doze
2	Slight chance of dozing
3	Moderate chance of dozing
4	High chance of dozing
-7	REF
-8	Don't know
-6	Permanently Missing

| - | ▼ |

6. while sitting and talking to someone?

sittlk_essq

-9	-
1	Would never doze
2	Slight chance of dozing
3	Moderate chance of dozing
4	High chance of dozing
-7	REF
-8	Don't know
-6	Permanently Missing

| - | ▼ |

7. while sitting quietly after a lunch without alcohol?

aftlnch_essq

-9	-
1	Would never doze
2	Slight chance of dozing
3	Moderate chance of dozing
4	High chance of dozing
-7	REF
-8	Don't know
-6	Permanently Missing

| - | ▼ |

8. while a passenger or driver in a car, stopped for a few minutes in traffic?

pssgrmin_essq

-9	-
1	Would never doze
2	Slight chance of dozing
3	Moderate chance of dozing
4	High chance of dozing
-7	REF
-8	Don't know
-6	Permanently Missing

| - | ▼ |

Source Form Language: lang

-9	-
1	English
2	Spanish

| - | ▼ |

	L I F E	Acrostic				
Participant ID (affix ID label here)	Interviewer				Visit Code	
	Date of Visit	month	day	year		

EPWORTH SLEEPINESS SCALE (ESS)

Pre-interview instructions:
"The following questions are about daytime drowsiness. This refers to how sleepy you feel or felt in recent times. Even if you have not done some of following activities recently, think about how sleepy you would be, doing each activity."

How likely are you to doze off or fall asleep **in contrast to feeling just tired…** (Interviewer note: repeat stem for each activity and show response card.)	Would never doze	Slight chance of dozing	Moderate chance of dozing	High chance of dozing	REF	Don't Know
1. while sitting and reading?	☐	☐	☐	☐	☐	☐
2. while watching TV?	☐	☐	☐	☐	☐	☐
3. while sitting, inactive in a public place (at a theater or meeting)?	☐	☐	☐	☐	☐	☐
4. while a passenger in a car for an hour without a break?	☐	☐	☐	☐	☐	☐
5. while lying down to rest in the afternoon when circumstances permit?	☐	☐	☐	☐	☐	☐
6. while sitting and talking to someone?	☐	☐	☐	☐	☐	☐
7. while sitting quietly after a lunch without alcohol?	☐	☐	☐	☐	☐	☐
8. while a passenger or driver in a car, stopped for a few minutes in traffic?	☐	☐	☐	☐	☐	☐