

Acrostic acrosticParticipant ID pidExaminer compbyV.C. vcDate of Visit vis_mth/ vis_day/ vis_yr

Disability Questionnaire

(For use during follow up visits only) I would like to remind you again, that for scientific reasons, please don't tell me to which of the two LIFE groups you were assigned.

1. How was the interview completed?

intvcomp_disq

-9

- 1 In person
- 2 By telephone
- 6 Not on Form

2. In the past two weeks, has [the participant] done any walking outside the home? This would include walking in your neighborhood or in other parts of the city, walking in the mall or at the gym?

walkout_disq

-9

- 1 Yes
- 0 No (Go to Q5)
- 7 D/K / Refused (Go to Q5)
- 6 Not on Form

3. When you walked in the past two weeks, what is the longest amount of time that he/she walked without sitting down to rest? (*Show response card "DQ 1"*)

walktime_disq

-9

- 1 Less than 10 mins
- 2 10 to 15 mins
- 3 15 to 30 mins
- 4 More than 30 mins
- 7 D/K / Refused
- 6 Not on Form

4. When you walked in the past two weeks, what is the farthest distance you walked at one time without sitting down to rest? (*Show response card "DQ 2"*)

walkdist_disq

-9

- 1 Less than 1/4 mile
- 2 1/4 to 1/2 mile
- 3 1/2 to 1 mile
- 4 More than 1 mile
- 7 D/K / Refused
- 6 Not on Form

Less than 1/4 mile	(about 2-3 blocks)
1/4 to 1/2 mile	(about 3-6 blocks)
1/2 to 1 mile	(about 6-12 blocks)
More than 1 mile	(over 12 blocks)

5. Because of a health or physical problem, do you have any difficulty walking a distance of one mile, which is about 8 to 12 blocks?

milediff_disq

-9

- 1 Yes
- 0 No
- 7 D/K / Refused
- 6 Not on Form

6. Could you walk up and down every aisle in a grocery store without sitting down to rest or leaning on a cart?

walkgroc_disq

-9

- 1 Yes
- 0 No
- 7 D/K / Refused
- 6 Not on Form

7. Could you walk ¼ mile, that is about 3-4 blocks without sitting down to rest?

walkquar_disq

-9

- 1 Yes
- 0 No
- 7 D/K / Refused
- 6 Not on Form

"We need to know about how much you can take care of yourself and so things by yourself. These questions will ask you things that most people do or have done in the past." (*show response card "DQ 3"*)

During the past month, how much difficulty have you had ... (*Interviewer Note: Repeat the stem question periodically as needed.*)

walkqudf_disq

-9

8. Walking for a quarter of a mile, which is about 2 or 3 blocks because of your health?

- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty

9. Walking across a small room because of your health?

- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

[walkrm_disq](#)

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

a. Do you usually receive help from another person when you walk across a small room?

[walkrmhp_disq](#)

- 9
- 1 Yes
- 0 No
- 7 D/K / Refused
- 6 Not on Form

10. Bathing or showering because of your health?

[bathng_disq](#)

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

a. Do you usually receive help from another person when you bathe or shower?

[bathnghp_disq](#)

- 9
- 1 Yes
- 0 No
- 7 D/K / Refused
- 6 Not on Form

11. Moving in and out of a chair because of your health?

[chair_disq](#)

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

a. Do you usually receive help from another person when you move in or out of a chair?

[chairhp_disq](#)

- 9
- 1 Yes
- 0 No
- 7 D/K / Refused
- 6 Not on Form

During the past month, how much difficulty have you had ... (Interviewer Note: Repeat the stem question periodically as needed.)

12. Moving in and out of bed because of your health?

[bed_disq](#)

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

a. Do you usually receive help from another person when you move in or out of a bed?

[bedhp_disq](#)

- 9
- 1 Yes
- 0 No
- 7 D/K / Refused
- 6 Not on Form

13. Using the toilet because of your health?

[toilet_disq](#)

- 9
- 1 No difficulty
- 2 A little difficulty

- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

toilethp_disq

a. Do you usually receive help from another person when you use the toilet?

- 9
- 1 Yes
- 0 No
- 7 D/K / Refused
- 6 Not on Form

dress_disq

14. Dressing yourself because of your health?

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

dresshp_disq

a. Do you usually receive help from another person when you get dressed?

- 9
- 1 Yes
- 0 No
- 7 D/K / Refused
- 6 Not on Form

feed_disq

15. Feeding yourself because of your health?

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

feedhp_disq

a. Do you usually receive help from another person when you feed yourself?

- 9
- 1 Yes
- 0 No
- 7 D/K / Refused
- 6 Not on Form

canewlkr_disq

16. Do you have to use a cane, walker, crutches or special equipment to help you get around?

- 9
- 1 Yes
- 0 No
- 7 D/K / Refused
- 6 Not on Form

During the past month, how much difficulty have you had ... (Interviewer Note: Repeat the stem question periodically as needed.)

lthswrk_disq

17. Doing light housework because of your health?

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

wlklks_disq

18. Walking several blocks because of your health?

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

19. Lifting heavy objects because of your health?

[lfthvobj_disq](#)

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

20. Preparing your own meals because of your health?

[meals_disq](#)

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

21. Participating in community activities because of your health?

[commact_disq](#)

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

22. Walking one block because of your health?

[wlk1blk_disq](#)

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

23. Lifting or carrying something as heavy as 10 pounds (i.e., a bag of groceries) because of your health?

[lft10lbs_disq](#)

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

24. Managing your money because of your health?

[mngmoney_disq](#)

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

25. Visiting with relatives or friends because of your health?

[visrels_disq](#)

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

26. Gripping with your hands because of your health?

[griphnds_disq](#)

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity

27. Using the telephone because of your health?

- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

[usephone_disq](#)

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

28. Getting in and out of a car because of your health?

[car_disq](#)

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

29. Taking care of a family member because of your health?

[carefam_disq](#)

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

During the past month, how much difficulty have you had ... (Interviewer Note: Repeat the stem question periodically as needed.)

30. Raising your arms above your head because of your health?

[raisearm_disq](#)

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

31. Doing errands because of your health?

[errands_disq](#)

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

32. Climbing 1 flight of stairs because of your health?

[clmbstrs_disq](#)

- 9
- 1 No difficulty
- 2 A little difficulty
- 3 Some difficulty
- 4 A lot of difficulty
- 5 Unable to do the activity
- 6 Did not do for other reasons
- 7 D/K / Refused
- 6 Not on Form

Source Form Language: [lang](#)

-9 -

- 1 English
- 2 Spanish

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