

Participant ID pidExaminer combyV.C. vcDate of Visit vis_mth -/ vis_day - / vis_yr

HRQL - Mood

(Do not ask Proxy)

?I have some questions about your feelings during the past week . For each of the following statements, please tell me how often you felt that way.? (Show and read response card HRQL 1, please point to each response as you read them)

During the past week ? (Interviewer Note: Repeat the stem question periodically as needed)

1. I was bothered by things that usually don't bother me.

bothered_hrql

- 9 -
- 1 Rarely or None of the time (<1 day)
 - 2 Some of the time (1-2 days)
 - 3 Much of the time (3-4 days)
 - 4 Most or All of the time
- 7 Refused
-8 Don't Know
-6 Not on form

2. I did not feel like eating; my appetite was poor.

appetite_hrql

- 9 -
- 1 Rarely or None of the time (<1 day)
 - 2 Some of the time (1-2 days)
 - 3 Much of the time (3-4 days)
 - 4 Most or All of the time
- 7 Refused
-8 Don't Know
-6 Not on form

3.

I felt that I could not shake off the blues even with help from my family and friends.

blues_hrql

- 9 -
- 1 Rarely or None of the time (<1 day)
 - 2 Some of the time (1-2 days)
 - 3 Much of the time (3-4 days)
 - 4 Most or All of the time
- 7 Refused
-8 Don't Know
-6 Not on form

4. I felt that I was just as good as other people.

feltgood_hrql

- 9 -
- 1 Rarely or None of the time (<1 day)
 - 2 Some of the time (1-2 days)
 - 3 Much of the time (3-4 days)
 - 4 Most or All of the time
- 7 Refused
-8 Don't Know
-6 Not on form

5. I had trouble keeping my mind on what I was doing.

keepmind_hrql

- 9 -
- 1 Rarely or None of the time (<1 day)
 - 2 Some of the time (1-2 days)
 - 3 Much of the time (3-4 days)
 - 4 Most or All of the time
- 7 Refused
-8 Don't Know
-6 Not on form

6. I was depressed.

depress_hrql

- 9 -
- 1 Rarely or None of the time (<1 day)
 - 2 Some of the time (1-2 days)
 - 3 Much of the time (3-4 days)
 - 4 Most or All of the time
- 7 Refused
-8 Don't Know
-6 Not on form

7. I felt that everything I did was an effort.

effort_hrql

- 9 -
- 1 Rarely or None of the time (<1 day)
 - 2 Some of the time (1-2 days)
 - 3 Much of the time (3-4 days)
 - 4 Most or All of the time
- 7 Refused
-8 Don't Know
-6 Not on form

8. I felt hopeful about the future.

hopeful_hrql

- 9 -
- 1 Rarely or None of the time (<1 day)
 - 2 Some of the time (1-2 days)
 - 3 Much of the time (3-4 days)
 - 4 Most or All of the time
- 7 Refused

9. I thought my life had been a failure.

- 8 Don't Know
- 6 Not on form
- [failure_hrql](#)
- 9 -
 - 1 Rarely or None of the time (<1 day)
 - 2 Some of the time (1-2 days)
 - 3 Much of the time (3-4 days)
 - 4 Most or All of the time
- 7 Refused
- 8 Don't Know
- 6 Not on form

10. I felt fearful.

- [fearful_hrql](#)
- 9 -
 - 1 Rarely or None of the time (<1 day)
 - 2 Some of the time (1-2 days)
 - 3 Much of the time (3-4 days)
 - 4 Most or All of the time
- 7 Refused
- 8 Don't Know
- 6 Not on form

11. My sleep was restless.

- [restless_hrql](#)
- 9 -
 - 1 Rarely or None of the time (<1 day)
 - 2 Some of the time (1-2 days)
 - 3 Much of the time (3-4 days)
 - 4 Most or All of the time
- 7 Refused
- 8 Don't Know
- 6 Not on form

12. I was happy.

- [happy_hrql](#)
- 9 -
 - 1 Rarely or None of the time (<1 day)
 - 2 Some of the time (1-2 days)
 - 3 Much of the time (3-4 days)
 - 4 Most or All of the time
- 7 Refused
- 8 Don't Know
- 6 Not on form

13. It seemed that I talked less than usual.

- [talkless_hrql](#)
- 9 -
 - 1 Rarely or None of the time (<1 day)
 - 2 Some of the time (1-2 days)
 - 3 Much of the time (3-4 days)
 - 4 Most or All of the time
- 7 Refused
- 8 Don't Know
- 6 Not on form

14. I felt lonely.

- [lonely_hrql](#)
- 9 -
 - 1 Rarely or None of the time (<1 day)
 - 2 Some of the time (1-2 days)
 - 3 Much of the time (3-4 days)
 - 4 Most or All of the time
- 7 Refused
- 8 Don't Know
- 6 Not on form

15. People were unfriendly.

- [unfrndly_hrql](#)
- 9 -
 - 1 Rarely or None of the time (<1 day)
 - 2 Some of the time (1-2 days)
 - 3 Much of the time (3-4 days)
 - 4 Most or All of the time
- 7 Refused
- 8 Don't Know
- 6 Not on form

16. I enjoyed life.

- [enjlfe_hrql](#)
- 9 -
 - 1 Rarely or None of the time (<1 day)
 - 2 Some of the time (1-2 days)
 - 3 Much of the time (3-4 days)
 - 4 Most or All of the time
- 7 Refused
- 8 Don't Know
- 6 Not on form

17. I had crying spells.

- [crying_hrql](#)
- 9 -
 - 1 Rarely or None of the time (<1 day)
 - 2 Some of the time (1-2 days)
 - 3 Much of the time (3-4 days)
 - 4 Most or All of the time
- 7 Refused
- 8 Don't Know
- 6 Not on form

18. I felt sad.

- [sad_hrql](#)
- 9 -
 - 1 Rarely or None of the time (<1 day)
 - 2 Some of the time (1-2 days)

19. I felt that people disliked me.

- 3 Much of the time (3-4 days)
- 4 Most or All of the time
- 7 Refused
- 8 Don't Know
- 6 Not on form
- [disliked_hrql](#)
- 9 -
- 1 Rarely or None of the time (<1 day)
- 2 Some of the time (1-2 days)
- 3 Much of the time (3-4 days)
- 4 Most or All of the time
- 7 Refused
- 8 Don't Know
- 6 Not on form

20. I could not get going.

- [getgoing_hrql](#)
- 9 -
- 1 Rarely or None of the time (<1 day)
- 2 Some of the time (1-2 days)
- 3 Much of the time (3-4 days)
- 4 Most or All of the time
- 7 Refused
- 8 Don't Know
- 6 Not on form

Fatigue / Energy

"The next questions I will ask are about your energy level during the past week. For each question, please tell me how you have been feeling during the past week." (Show and read response card HRQL 2, please point to each response as you read them)

?During the past week how often have you felt??.? (Interviewer Note: Repeat the stem question periodically as needed)

1. Full of Pep?

- [fullpep_hrql](#)
- 9 -
- 1 All of the time
- 2 Most of the time
- 3 A good bit of the time
- 4 Some of the time
- 5 A little bit of the time
- 6 None of the time
- 7 Don't Know/Refused
- 6 Not on form

2. Fatigued?

- [fatigued_hrql](#)
- 9 -
- 1 All of the time
- 2 Most of the time
- 3 A good bit of the time
- 4 Some of the time
- 5 A little bit of the time
- 6 None of the time
- 7 Don't Know/Refused
- 6 Not on form

3. Worn Out?

- [wornout_hrql](#)
- 9 -
- 1 All of the time
- 2 Most of the time
- 3 A good bit of the time
- 4 Some of the time
- 5 A little bit of the time
- 6 None of the time
- 7 Don't Know/Refused
- 6 Not on form

4. Full of Energy?

- [energy_hrql](#)
- 9 -
- 1 All of the time
- 2 Most of the time
- 3 A good bit of the time
- 4 Some of the time
- 5 A little bit of the time
- 6 None of the time
- 7 Don't Know/Refused
- 6 Not on form

5. Tired?

- [tired_hrql](#)
- 9 -
- 1 All of the time
- 2 Most of the time
- 3 A good bit of the time
- 4 Some of the time
- 5 A little bit of the time
- 6 None of the time
- 7 Don't Know/Refused
- 6 Not on form

6. Refreshed?

- [refresh_hrql](#)
- 9 -
- 1 All of the time
- 2 Most of the time
- 3 A good bit of the time
- 4 Some of the time
- 5 A little bit of the time
- 6 None of the time

Pain

"These next questions are about how much pain you have been feeling in the past week. Using the following scale, please indicate how often in the past week you have experienced pain." (Show and read response card HRQL 3, please point to each response as you read them)

?How often in the past week have you experienced pain when you ?? (Interviewer Note: Repeat the stem question periodically as needed)

1. Got in and out of bed?

[bedf_hrql](#)

- 9 -
- 1 Always
- 2 Almost Always
- 3 Sometimes
- 4 Almost Never
- 5 Never
- 7 Refused
- 8 Don't Know
- 6 Did not do for other reasons
- 6 Not on form

2. Walked a short (1 block) distance?

[wlkshrtf_hrql](#)

- 9 -
- 1 Always
- 2 Almost Always
- 3 Sometimes
- 4 Almost Never
- 5 Never
- 7 Refused
- 8 Don't Know
- 6 Did not do for other reasons
- 6 Not on form

3. Got in and out of a chair?

[chairf_hrql](#)

- 9 -
- 1 Always
- 2 Almost Always
- 3 Sometimes
- 4 Almost Never
- 5 Never
- 7 Refused
- 8 Don't Know
- 6 Did not do for other reasons
- 6 Not on form

4. Walked up a flight of stairs?

[ustairsf_hrql](#)

- 9 -
- 1 Always
- 2 Almost Always
- 3 Sometimes
- 4 Almost Never
- 5 Never
- 7 Refused
- 8 Don't Know
- 6 Did not do for other reasons
- 6 Not on form

5. Got in and out of a car?

[carf_hrql](#)

- 9 -
- 1 Always
- 2 Almost Always
- 3 Sometimes
- 4 Almost Never
- 5 Never
- 7 Refused
- 8 Don't Know
- 6 Did not do for other reasons
- 6 Not on form

6. Walked down a flight of stairs?

[dstairsf_hrql](#)

- 9 -
- 1 Always
- 2 Almost Always
- 3 Sometimes
- 4 Almost Never
- 5 Never
- 7 Refused
- 8 Don't Know
- 6 Did not do for other reasons
- 6 Not on form

"Now, please tell me how severe the pain has been using these responses." (Show and read response card HRQL 4, please point to each response as you read them)

?On average, how severe has the pain been in the past week when you?? (Interviewer Note: Repeat the stem question periodically as needed)

7. Got in and out of bed?

[beds_hrql](#)

- 9 -
- 1 No Pain
- 2 Mild Pain
- 3 Discomforting Pain
- 4 Distressing Pain

- 5 Horrible Pain
6 Excruciating Pain
-7 Refused
-8 Don't Know
6 Did not do for other reasons
-6 Not on form
- [wlkshrts_hrql](#)
- 9 -
1 No Pain
2 Mild Pain
3 Discomforting Pain
4 Distressing Pain
5 Horrible Pain
6 Excruciating Pain
-7 Refused
-8 Don't Know
6 Did not do for other reasons
-6 Not on form
- [chairs_hrql](#)
- 9 -
1 No Pain
2 Mild Pain
3 Discomforting Pain
4 Distressing Pain
5 Horrible Pain
6 Excruciating Pain
-7 Refused
-8 Don't Know
6 Did not do for other reasons
-6 Not on form
- [ustairss_hrql](#)
- 9 -
1 No Pain
2 Mild Pain
3 Discomforting Pain
4 Distressing Pain
5 Horrible Pain
6 Excruciating Pain
-7 Refused
-8 Don't Know
6 Did not do for other reasons
-6 Not on form
- [cars_hrql](#)
- 9 -
1 No Pain
2 Mild Pain
3 Discomforting Pain
4 Distressing Pain
5 Horrible Pain
6 Excruciating Pain
-7 Refused
-8 Don't Know
6 Did not do for other reasons
-6 Not on form
- [dstairss_hrql](#)
- 9 -
1 No Pain
2 Mild Pain
3 Discomforting Pain
4 Distressing Pain
5 Horrible Pain
6 Excruciating Pain
-7 Refused
-8 Don't Know
6 Did not do for other reasons
-6 Not on form

8. Walked a short (1 block) distance?

9. Got in and out of a chair?

10. Walked up a flight of stairs?

11. Got in and out of a car?

12. Walked down a flight of stairs?

Sleep

The following questions relate to your usual sleep habits during the past month only. Your answers should be your best estimate for most of the days and nights in the past month.

During the past month ? (Interviewer Note: Repeat the stem question periodically as needed)

Don't Know / Refused

1. When have you usually gone to bed at night?
- [bedhr_hrql](#) : [bedrdk_hrql](#)
[bedmin_hrql](#) [bedap_hrql](#)
-9 -
1 AM
2 PM
-7 Refused
-8 Don't Know
-6 Not on form
2. How long (in minutes) has it usually taken you to fall asleep each night?
- [fallasl_hrql](#) minutes
[flaslrkd_hrql](#)
-9 -
-7 Refused
-8 Don't Know
-6 Not on form
3. When have you usually gotten up in the morning?
- [getuphr_hrql](#) : [getuprdk_hrql](#)
[getupmin_hrql](#)
[getupap_hrql](#)
-9 -
-7 Refused
-8 Don't Know

-9 -
1 AM
2 PM

-6 Not on form

[sleeprdk_hrq!](#)

-9 -
-7 Refused
-8 Don't Know
-6 Not on form

[naprdk_hrq!](#)

-9 -
-7 Refused
-8 Don't Know
-6 Not on form

Source Form Language: [lang](#)

-9 -
1 English
2 Spanish

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4. How many hours of actual sleep did you get in a typical night?

[sleephrs_hrq!](#) :
[sleepmin_hrq!](#)

5. How many hours do you nap or sleep during a typical day?

[naphrs_hrq!](#) :
[napmin_hrq!](#)