

Acrostic acrosticParticipant ID pidExaminer compbyV.C. vcDate of Visit vis_mth/ vis_day/ vis_yr

400 Meter Walk Proxy Questionnaire

Script: : Now I am going to ask you a series of 9 questions about the current walking habits and abilities of [the participant]. Do you have any questions? Okay, let's begin.

1. How was the interview completed?

intvcomp_wkpr

- 9
- 1 In person
- 2 By telephone
- 6 Not on form

2. In the past two weeks, has [the participant] done any walking outside the home? This would include walking in his/her neighborhood or in other parts of the city, walking in the mall or at the gym?

walkout_wkpr

- 9
- 1 Yes
- 0 No
- 8 Don't Know
- 7 Refused
- 6 Not on form

(If answer is No, D/K or Refused) - Go to Question 5

3. When [the participant] walked in the past two weeks, what is the longest amount of time that he/she walked without sitting down to rest?

walktime_wkpr

- 9
- 1 Less than 10 mins
- 2 10 to 15 mins
- 3 More than 15 to 30 mins
- 4 More than 30 mins
- 8 Don't Know
- 7 Refused
- 6 Not on form

4. When [the participant] walked in the past two weeks, what is the farthest distance he/she walked at one time without sitting down to rest?

walkdist_wkpr

- 9
- 1 Less than 1/4 mile
- 2 1/4 to 1/2 mile
- 3 More than 1/2 to 1 mile
- 4 More than 1 mile
- 8 Don't Know
- 7 Refused
- 6 Not on form

Less than 1/4 mile (about 2-3 blocks)
1/4 to 1/2 mile (about 3-6 blocks)
1/2 to 1 mile (about 6-12 blocks)
More than 1 mile (over 12 blocks)

5. Because of a health or physical problem, does [the participant] have any difficulty walking a distance of one mile, which is about 8 to 12 blocks?

milediff_wkpr

- 9
- 1 Yes
- 0 No
- 8 Don't Know
- 7 Refused
- 6 Not on form

6. Could [the participant] walk up and down every aisle in a grocery store without sitting down to rest or leaning on a cart?

walkgroc_wkpr

- 9
- 1 Yes
- 0 No
- 8 Don't Know
- 7 Refused
- 6 Not on form

7. Could [the participant] walk the entire length of an indoor shopping mall without sitting down to rest?

walkmall_wkpr

- 9
- 1 Yes
- 0 No
- 8 Don't Know
- 7 Refused
- 6 Not on form

8. Could [the participant] walk 1/4 mile, that is about 3-4 blocks without sitting down to rest?

walkquar_wkpr

- 9
- 1 Yes
- 0 No

-8 Don't Know
-7 Refused
-6 Not on form

[walkqudf_wkpr](#)

9. Think about the past month. How much difficulty did [the participant] have walking for a quarter of a mile, which is about 2 or 3 blocks because of his/her health?

-9
1 Usually did with no difficulty
2 Usually did with a little difficulty
3 Usually did with some difficulty
4 Usually did with a lot of difficulty
5 Unable to do
6 Usually did not do for other reasons
-8 Don't Know
-7 Refused
-6 Not on form

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