

# **MOST BASELINE SCREENING AND ENROLLMENT**

## **DATASET DESCRIPTION**

### **PUBLIC DATA RELEASE, SEPTEMBER 2021**

This document describes the MOST baseline clinical dataset and data issues relevant to analysts. If you are unfamiliar with the data, it may be useful to begin by reviewing the annotated data collection forms to look for variables of interest.

## **FORMATS**

### **SAS Format Library**

The SAS format library (FORMATS.SAS7BDAT) contains all the formats used for the dataset.

## **DATASET**

### **Baseline Telephone Screening and Enrollment Visit (V0ENROLL.SAS7BDAT)**

Observations: 3026 (1 record per participant)

Annotated Forms: AnnotatedForms\_Baseline.pdf

Variable Guide: VariableGuide\_V0ENROLL.pdf

Distributions: Distributions\_V0ENROLL.pdf

The baseline screening and enrollment dataset (V0ENROLL.SAS7BDAT) includes all enrolled participants (N=3026) that completed the baseline clinic visit. Data collected from five points of contact are included: a telephone screening interview, two self-administered questionnaires (one done at home and the other done at the clinic), a clinic interview, and clinic visit. If the participant did not consent to share data, data values are set to the missing value, "Not expected", in the dataset.

Variables are sorted in the order of data collection ("creation order") – as if following the participant from the first telephone screening question to the last measurement at the clinic.

### **Telephone Screening Interview (Variables with 'TS' prefix)**

The telephone screening interview was conducted to assess eligibility for enrollment in the study. The dataset includes the following components:

Demographics (age, sex, ethnicity, racial background)<sup>1</sup>

Weight; Knee pain, aching, and stiffness; History of knee surgery

History of rheumatoid arthritis

Joint stiffness, nodules, and swelling

<sup>1</sup> Ethnicity and racial background questions in the telephone screening interview were repeated in the SAQ-Home. The released variables ETHNICITY and RACE are derived from the SAQ-Home (see next section).

## **Self-Administered Questionnaire (SAQ) – Home (Variables with “V0” prefix)**

The SAQ-Home was mailed to participants after the telephone interview. Participants were instructed to complete the questionnaire at home prior to departure for the clinic visit. The dataset includes the following components:

- Demographics (ethnicity, racial background, marital and living status, education)
- Self-reported height<sup>1</sup> and weight history<sup>2</sup>
- Joint pain, aching, and stiffness (homunculus diagram)
- Back pain and function<sup>3</sup>
- History of arthritis; Arthritis medications
- Family history of arthritis
- Modified Charlson Comorbidity Index – Katz Questionnaire Adaptation<sup>4</sup>
- Fracture history
- Tobacco use
- Employment
- Work history
- Late Life Function and Disability Instrument (LLFDI) – Modified Disability Component<sup>5,6</sup>
- Modified SF-12 U.S. version 1.0<sup>7</sup>
- CES-D (Depression scale)<sup>8</sup>

### Notes:

<sup>1</sup> In cases of self-reported height at 25-years-old (V0HTFT, V0HTIN, V0\_HT25) greater than 10cm from standing height measured in the clinic (V0HT), the self-reported values are coded as missing.

<sup>2</sup> In cases of self-reported weight at 25-years-old (V0WT25) greater than self-reported maximum weight (V0WTMAX), the maximum weight value is coded as missing.

<sup>3</sup> Responses to two back pain questions, “How many days did you stay in bed because of your back?” (V0BDDAY) and “How many days did you limit your activities because of your back?” (V0BPLAD) are numbers of days designed to sum to no more than 30. Analysts should be aware that some participants misunderstood and provided responses that sum to greater than 30.

<sup>4</sup> Charlson Comorbidity Index – Katz Questionnaire Adaptation. This measurement was modified to include the option of “Don’t know” to accommodate participants unable to answer “Yes” or “No” to any question with certainty. Responses of “Don’t know” were scored with a zero value (see the document: Calculated Variable Descriptions and SAS Code). For more information refer to: Katz JN, Chang LC, Sangha O. Can comorbidity be measured by questionnaire rather than medical record review? Med Care, Volume 34(1). Pages 73-84. January 1996.

<sup>5</sup> Late-Life Function and Disability Instrument (LLFDI) – Modified Disability Component. This measurement was shortened to 12 of the authors’ 16 disability subscale questions and included only the extent of limitation performing activities (“To what extent do you feel limited in ...?”). Frequency performing activities (“How often do you ..?”) was not collected and the last of 5 options – [Not at all] [A little] [Somewhat] [A lot] [Completely, cannot do] – was modified with “cannot do” dropped.

<sup>6</sup> Scoring of this measurement was modified to handle missing values in a way that is consistent with how MOST analysts scored the WOMAC™ and SF-12 measures. For more information, refer to the document Calculated Variable Descriptions and SAS Code, and also see Jette AM, et al. Late life function and disability instrument: I. Development and evaluation of the disability component. J Gerontol A Biol Sci Med Sci. 2002 Apr;57(4):M209-16. PMID: 11909885.

<sup>7</sup> SF-12 U.S. version 1.0. This measurement was modified to include a “Don’t know” option on questions concerning the extent to which physical health limited work or other regular daily activities in the past 30 days. For more information refer to: Ware JE, Kosinski M, Keller SD. SF-12: How to score the SF-12 Physical and Mental Health Summary Scores. Lincoln, RI: QualityMetric Incorporated, Third Edition, 1998.

<sup>8</sup> For more information refer to: Radloff, L.S. The CES-D scale: a self report Major Depressive Disorder scale for research in the general population. Applied Psychological Measurement, 1, 1977. pp385-401.

### **Self-Administered Questionnaire (SAQ) – Clinic (Variables with “V0” prefix)**

The SAQ-Clinic was administered during the baseline clinic visit. The dataset includes the following components:

Modified WOMAC™ knee pain and stiffness<sup>1,2</sup>

Modified WOMAC™ degree of difficulty performing daily activities<sup>1,2</sup>

Knee pain visual analog scale (VAS)

Modified KOOS Function in sports and recreational activities subscale<sup>3</sup>

Modified WOMAC™ Osteoarthritis Index – Hip pain<sup>1,2</sup>

#### **Notes:**

<sup>1</sup> WOMAC Osteoarthritis Index™ Likert version. This measurement was modified to include a “don’t do” option for participants who cannot rate severity of pain during a particular activity because they avoid or are unable to do that activity.

<sup>2</sup> The WOMAC™ instrument is not displayed in the annotated forms because it is trademark and copyright protected. Information can be obtained by contacting the author, Nicholas Bellamy, via the WOMAC™ 3.1 Index website (<http://www.auscan.org/womac>).

<sup>3</sup> KOOS Function in Sports and Recreational Activities Subscale, Likert version. This measurement was modified to include a “don’t do” option for participants who cannot rate severity of pain during a particular activity because they avoid or are unable to do that activity. The “Function in sport and recreation” subscale of the Knee Injury and Osteoarthritis Outcome Score (KOOS) was calculated according to the KOOS User’s Guide, which can be found at the following website: <http://www.koos.nu/>

## **Clinic Interview (Variables with “V0” prefix)**

The clinic interview is an interviewer-administered questionnaire conducted during the baseline clinic visit. The dataset includes the following components:

- Modified Physical Activity Scale for the Elderly (PASE) <sup>1</sup>
- Physical activity – Climbing flights of stairs<sup>2</sup>
- Knee pain, aching, and stiffness
- Knee buckling
- History of knee injury and surgery<sup>3</sup>
- Hip pain, aching, and stiffness
- History of hip replacement surgery<sup>3</sup>
- History of wearing high heels
- Medication use (vitamin E and C, bisphosphonates, estrogen)
- Medication Inventory Form (MIF)<sup>4,5</sup>

### Notes:

<sup>1</sup> The PASE<sup>®</sup> measurement was modified to include a possible response of “Don’t know/Refused” in 7 of the 12 elements that contribute to the total score. All such responses are converted to missing in the calculation of the total score. For a description of the PASE calculation, see the document: Calculated Variable Descriptions and SAS Code. The measurement is not displayed in the annotated forms because it is copyright protected. Information about the measurement can be obtained through the PASE<sup>®</sup> product information website of New England Research Institutes (NERI) ([http://www.neriscience.com/web/MultiPiecePage.asp\\_Q\\_PageID\\_E\\_253\\_A\\_PageName\\_E\\_ProductsResearchPhysicalActiv](http://www.neriscience.com/web/MultiPiecePage.asp_Q_PageID_E_253_A_PageName_E_ProductsResearchPhysicalActiv)).

For more information refer to: Washburn RA, Smith KW, Jette AM, Janney CA. The Physical Activity Scale for the Elderly (PASE): Development and Evaluation. Journal of Clinical Epidemiology. Volume 46, Number 2. Pages 153-162. 1993.

<sup>2</sup> The stair climbing question is not part of the PASE measurement and does not contribute to the summary score.

<sup>3</sup> Knee and hip replacement variables (V0R\_TKR, V0L\_TKR, V0R\_THR, V0L\_THR) are derived from self-report and radiographic adjudication.

<sup>4</sup> Participants were asked to bring all medications taken in the last 30 days (prescription, non-prescription, vitamins, supplements).

<sup>5</sup> Medication ingredients, coded by the UCSF MIF group using the Iowa Drug Information Service (IDIS) dictionary, are released in Yes/No format, meaning used or not used during the last 30 days. Formulation code, duration, and frequency are released in a separate dataset (V0MIF). For further information about IDIS, see Pahor M, Chrischilles EA, and Guralnik, JM. Drug data coding and analysis in epidemiologic studies. Eur J Epidemiol. 1994 Aug;10(4):405-11.

## **Clinic Visit (Variables with “V0” prefix)**

Selected exams were conducted at the baseline clinic visit. The dataset includes the following components:

Blood pressure  
Standing height; Weight  
20-meter walk<sup>1</sup>  
Chair stands<sup>2</sup>  
Isokinetic strength (Cybex)<sup>3</sup>  
Leg length; Knee height  
Laxity  
Leg dominance<sup>4</sup>  
Proprioception  
Hand examination  
Knee and hip examination  
Knee flexion contracture  
Knee x-ray<sup>5</sup>  
OrthOne 1.0T knee MRI<sup>5</sup>

### Notes:

<sup>1</sup> The two clinical sites interpreted the protocol for measuring the stop time in slightly different ways; see page 4, section 5 of the 20-meter Walk Operations Manual.

<sup>2</sup> Trial #2 of the repeated chair stands protocol was discontinued in March 2004; participants with subsequent visit dates are missing values for the variables V0TR2, VOCTIME2, and V0NUM2.

<sup>3</sup> Peak torque measurements obtained from the isokinetic strength exam are not gravity-corrected. For analytical information about the Isokinetic Strength measures, see:

- Segal NA, Glass NA, Felson DT, Hurley M, Yang M, Nevitt M, Lewis CE, Torner JC. [Effect of quadriceps strength and proprioception on risk for knee osteoarthritis](#). Med Sci Sports Exerc. 2010 Nov;42(11):2081-8. PMID: 20351594.
- Segal NA, Glass NA, Torner J, Yang M, Felson DT, Sharma L, Nevitt M, Lewis CE. [Quadriceps weakness predicts risk for knee joint space narrowing in women in the MOST cohort](#). Osteoarthritis Cartilage. 2010 Jun;18(6):769-75. Epub 2010 Feb 11. PMID: 20188686.
- Segal NA, Torner JC, Felson D, Niu J, Sharma L, Lewis CE, Nevitt M. [Effect of thigh strength on incident radiographic and symptomatic knee osteoarthritis in a longitudinal cohort](#). Arthritis Rheum. 2009 Sep 15;61(9):1210-7. PMID: 19714608.
- Segal NA, Torner JC, Yang M, Curtis JR, Felson DT, Nevitt MC; Multicenter Osteoarthritis Study Group. [Muscle mass is more strongly related to hip bone mineral density than is quadriceps strength or lower activity level in adults over age 50 year](#). J Clin Densitom. 2008 Oct-Dec;11(4):503-10. Epub 2008 May 5. PMID: 18456530.

<sup>4</sup> The leg dominance question (V0FOOT) was added in July 2003; participants with prior clinic visit dates are missing a value for that variable.

<sup>5</sup> Some participants returned to the clinic to repeat x-ray and MRI exams when image quality was not adequate for reading. Repeat data is not included in the dataset.

### **Clinic Visit – Physician confirmatory exam (Variables with “MD” prefix)**

Physician confirmatory exam was administered to eligible participants only based on the study protocol. The dataset includes the following components:

Physician confirmatory: knee and hip examination