

MORNING SURVEY

1. Background and Significance

The Morning Survey is completed by the participant to ascertain how they slept the evening that they were hooked up to the polysomnography equipment and to understand what they may have done the night before to influence their sleep that night.

2. Method

The survey should be completed in the same manner that the SAQ is completed, by the participant. The psg technician should go over the Morning Survey with the participant the night they got to the participant's home to set-up the psg study. When the technician goes to the home the morning after the sleep study they should review the survey for any missing answers and should clarify any answers that do not make sense.

At the top of the Morning Survey (page 1) the date of the hook-up should be recorded by the technician.

The morning survey will be sent to the Coordinating Center in the same manner that all TELEforms are sent.