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Online™

Study of Osteoporotic Fractures (SOF)

Study Collection Forms

Visit 5

Lifestyle

Physical Activity and Exercise

Form Type: Self-Administered Questionnaire

LEGEND:

Raw form variable names are located next to the question they represent and do not have a border around the variable name.

Calculated variable names are derived from other variables and have a border around the variable name. The calculated variables names are located in close proximity to the questions from which they were derived.

Some of the questions and measurements on these forms are not being released, and therefore no variable name is provided for them.

12. About how often, on the average, do you go out of your house or residence in good weather?

V5GETAIR

- several times a day
- about once a day
- several times a week
- about once a week
- less than once a week

13. About how often, on the average, do you leave your neighborhood?

V5CAROUS

- several times a day
- about once a day
- several times a week
- about once a week
- 2 or 3 days a month
- less than once a month

14. Think about how often you use stairs on a typical day. Include inside stairs

and outside stairs, stairs at home and stairs at other places.

Please note: 10 steps equals 1 flight of stairs.

a. About how many trips down stairs do you make on a typical day? Count each time you go down a stairway as 1 trip.

V5DNSTRS

_____ trips down stairs per day.

b. About how many flights of stairs do you walk up on a typical day?

Please note: 10 steps equals 1 flight of stairs.

V5UPSTRS

_____ flights up per day.

V5STRCAL