## Back Problems Calculated Variables

The questions consist of 3 parts
Main: Do you have any difficulty ... activity
Difficulty: If yes, how much difficulty do you have doing this? None, some, much, unable.
Back pain or problems: If yes or doesn't do: Is this because of back pain or back problems.
Variable naming convention: V\#mainvar, V\#diffvar, V\#backvar, V\#mainvarC
V\# for visit
Mainvar for activity: bend, lift, rch, sock, etc.
Diffvar for difficulty variable
Backvar for back pain or problesm variable.
Calculated variable is usually mainvarC and is coded:

| Any Difficulty? | How much <br> difficulty? | Is it due to back <br> pain? | New var: difficulty <br> due to back pain |
| :--- | :--- | :--- | :--- |
| V\#mainvar | V\#diffvar | V\#backvar | V\#mainvarC |
| Yes | Some | Yes | Some |
| Yes |  |  |  |
| Yes | Much |  |  |
| No |  |  |  |
| any value |  |  |  |
| Don't do it |  |  |  |$\quad$| Unable |
| :--- | :--- |
| any value |
| any value |
| any value |$\quad$| Yes |  |
| :--- | :--- |
| any value | No |
| Yes | Unable |

Likert scale is the sum of the calculated variable for degree of difficulty due to back pain or problems.
There is a 6 -variable scale, 7 -variable scale, and 8 -variable scale.
The 6-variable scale V\#likto6 is the sum of:
V\#bendC + V\#liftC + V\#rchC + V\#sockonC + V\#autoC + V\#feetC
Where all 6 variables must be non-missing.
The 7-variable scale V\#likto7 is the sum of:
V\#bendC + V\#liftC + V\#rchC + V\#sockonC + V\#autoC + V\#feetC + V\#sitbkC
Where all 7 variables msut be non-missing.
The 8-variable scale V\#likto8 is the sum of:
V\#bendC + V\#liftC + V\#rchC + V\#sockonC + V\#autoC + V\#feetC + V\#chairC + V\#sitbkC Where all 8 variables must be non-missing.

Bend: bending or stooping down to pick up lightweight things (like clothing) from the floor?
Lift: lifting a 10 lb object (such as a bag of potatoes) up from the floor?
Rch: reaching an object just above your head, such as a jar on a shelf?
Sockon: putting socks or stockings on either foot?
Auto:
Feet: getting in and out of an automobile or in and out of the front seat of an automobile?

Chair: standing or being on your feet for about 2 hours?

SitBk sitting in a chair for about 30 minutes without getting up?
V\#mainvarC are also calculated for other back problem variables that are not used for likert scale variables.


1 In the past 12 months, have you had any back pain?

a. How often were you bothered by back pain in the last 12 months?
O All the time, constantly
o Some of the time
O Never
O Most of the time

- Rarely
b. When you have had back pain, how bad was it on average?

O Mild O Moderate O Severe V8BAD
c. In what part of your back is the pain usually located? (Mark all areas that apply with an $X$ on the diagram below)

d. Do you currently have back pain?

O Yes O No O Don't know V8PNCUR
e. In the past 12 months, how many different times have you been bothered by back pain?

V8PNDIF
O 1 or 2 times $\bigcirc 3$ to 5 times
O 6 or more times
O All the time, constantly

2 In the past 12 months, have you limited your activites because of pain in your back?

a. How many days did you stay in bed because of your back?
 days
++Changed from continuous to categorical variable to ensure confidentiality
b. How many days did you limit your activities because of your back? (include days in bed)

++ V8BLIM days
++Changed from continuous to categorical variable to ensure confidentiality


3 Do you have any difficulty bending or stooping down to pick up lightweight things (like clothing) from the floor?

a. How much difficulty do you have doing this?

O Some difficulty
O Much difficulty
O Unable to do it

b. Is this because of back pain or back problems?
O Yes
O No
O Don't know

4 Do you have any difficulty lifting a ten-pound object (such as a bag of potatoes) up from the floor?

a. How much difficulty do you have doing this?

O Some difficulty
O Much difficulty
O Unable to do it

O I don't do it


V8LIFT

b. Is this because of back pain or back problems?
o Yes
O No
O Don't know

5 Do you have any difficulty reaching an object just above your head, such as a jar on a shelf?

a. How much difficulty do you have doing this?

O Some difficulty
O Much difficulty
O Unable to do it

O I don't do it


V8RCH
V8RCHC
b. Is this because of back pain or back problems?
o Yes
O No
O Don't know


6 Do you have any difficulty putting socks or stockings on either foot?



O I don't do it


V8SCKON V8SCKONC
a. How much difficulty do you have doing this?

O Some difficulty
O Much difficulty
O Unable to do it
b. Is this because of back pain or back problems?

O Yes
O No
O Don't know

7 Do you have any difficulty getting in and out of the front seat of an automobile?

a. How much difficulty do you have doing this?

O Some difficulty
O Much difficulty
O Unable to do it

O I don't do it V8AUTO

b. Is this because of back pain or back problems?
O Yes
O No
o Don't know

8 Do you have any difficulty standing or being on your feet for about 2 hours?

a. How much difficulty do you have doing this?

O Some difficulty
O Much difficulty
o Unable to do it

O I don't do it


V8FEET
V8FEETC
b. Is this because of back pain or back problems?

O Yes
O No
O Don't know


9 Do you have any difficulty sitting in a chair for about 30 minutes without getting up?



O I don't do it


V8SITBKC
a. How much difficulty do you have doing this?

O Some difficulty
O Much difficulty
O Unable to do it
b. Is this because of back pain or back problems?
O Yes
O No
O Don't know

10 Do you have any difficulty getting up out of a chair?

a. How much difficulty do you have doing this?

O Some difficulty
O Much difficulty
O Unable to do it
b. Is this because of back pain or back problems?

O Yes
O No
O Don't know

Have you driven a car in the past 12 months?


V8LIKT06
V8LIKTO7
V8LIKTO8

On average, about how many miles do you drive per week?

miles per week

