



Office Use Only SOF ID#	○ MISSING Acrostic
<input type="text"/>	<input type="text"/>



- 4 During an average 24-hour day, about how many hours do you usually spend sitting upright? Be sure to include time sitting at the table eating, driving or riding in a car or bus, sitting watching T.V. or talking, etc.

 

**V9SITUP**  
hours per day

- 5 During an average 24-hour day, about how many hours do you usually spend sleeping and lying down with your feet up? Be sure to include time sleeping at night or trying to sleep, resting or stretched out on the sofa watching T.V., etc.

 

**V9FEETUP**  
hours per day

**V9OFFFT4**

- 6 About how many hours per week do you spend watching television?

  

**V9TV**  
hours per week

- 7 Do you walk for exercise (walk one block or more without stopping)?

Yes  No  Don't know **V9EXER**



On average, how many city blocks or their equivalent do you walk each day for exercise? (1 mile equals 12 city blocks)

  

blocks per day

**V9BLOCKS**





# Medical History

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5 Has a doctor or health care provider ever told you that you have cancer, not including skin cancer?

Yes  No  Don't know

6 Are you currently undergoing kidney dialysis?

Yes  No  Don't Know

7 During the past 12 MONTHS, have you been trying to lose weight?

Yes  No **V9WTLS**

**V9INVWLS**

**V9WLOTDE\***



a. By what means were you trying to lose weight? (Mark all that apply)

**V9DIET**

Diet

Diet pills

Exercise

Other →

Please specify: \_\_\_\_\_

**V9EXERWL\***

*\*not released for AA cohort*

8 Have you been hospitalized overnight in the last 12 months?

Yes  No



a. How many times were you hospitalized?

<input type="text"/>	<input type="text"/>	<input type="text"/>
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times

