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## SCREENING AND VISIT INFORMATION

### 1. Recruitment and Inclusion Criteria

All SOF participants (regular cohort and African American participants) who are willing to participate in either an in-clinic or home visit, and who can provide written informed consent, are eligible for participation in SOF Visit 9 and the Sleep/Cognition Sub-study.

If a participant is unable or unwilling to perform a clinic visit or home visit, we will attempt to obtain self-administered questionnaire (SAQ) data only. There also may be situations in which a participant agrees to a clinic or home visit, completes a questionnaire, and then fails to complete the actual visit. In general, we will attempt to collect as much information as possible from the participants.

Recruitment goals will be provided separately for type of visit (Visit 9 only or Visit 9 and Sleep/Cognition visit) and will be clinic-specific (based on anticipated number of eligible participants from each center). We will also keep track of clinic versus home visits, but will not set recruitment goals for each. Rather, we will have overall visit goals which may be achieved with either a clinic or a home visit.

### 2. Preparing for the Visit

Once a potential participant has been deemed eligible to participate in the study, a clinic or home visit should be scheduled. Approximately two weeks prior to the scheduled visit, a packet is mailed to the participant including the following items:

- Instructions for the clinic visit and completion of take-home forms
- Self-administered questionnaire
- Bag for bringing medications to clinic visit
- Black ink pen

### 3. Maximum lag for completing measurements for baseline visit.

In some cases, it may be necessary to have the participant complete one or more of the required measurements sometime after the baseline clinic visit. In this case, **ALL MEASUREMENTS MUST BE COMPLETED WITHIN 30 DAYS OF THE FIRST SCHEDULED CLINIC OR HOME VISIT.**

### 4. Priority for Visit 9 and Sleep/Cognition Sub-study measurements.

If the participant gets tired, has to leave, or for some other reason can not complete a full clinic or home visit, then first skip those items that can be done over the phone. These include a review of the self-administered questionnaire, functional status interview and sleep habits interview. The MIF can

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also be completed over the phone, however it is best completed in the clinic where the examiner can look at the medication bottles directly.

If you need to complete some of the above items over the phone, arrange a mutually convenient time with the participant before she leaves the clinic.

There are two different priority lists below: one for participants enrolled only in the main study visit (Visit 9) and one for participants who are enrolled in the main study visit and the Sleep/Cognition Sub-study. The priority lists for clinic and home visits are the same, with the exception of DXA, which can only be performed in the clinic.

***SOF Visit 9 – Clinic and Home Visit Priority List***

1. Informed consent; Medical release
2. Height and Weight
3. Blood pressure and Pulse
4. Temperature
5. Chair Stand
6. Walk Speed
7. Grip Strength
8. Tandem Stand
9. Cognitive tests: In the following order:
  - a. 3MS
  - b. CVLT Part 1
  - c. Digit Span
  - d. Trails B
  - e. Feelings
  - f. Moods in the Last Week
  - g. CVLT Part 2
  - h. Verbal Fluency
  - i. Category Fluency
  - j. Functional Assessment
10. Functional status (in-clinic interview)
11. SAQ (Medical History, Pain)
12. Life Space Questionnaire
13. Remainder of SAQ (Lifestyle, Alcohol and Smoking, Caffeine, Sleep Habits)
14. Medications (in-clinic interview)
15. Reaction Time
16. Serum sample (Clinic visit only)
17. DXA (Clinic visit only; Pittsburgh and Minneapolis only)

***Sleep/Cognition Sub-study – Clinic and Home Visit Priority List***

1. Informed consent; Medical release
2. Actigraphy
3. Oximetry
4. Cognitive tests: In the following order:

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- a. 3MS
  - b. CVLT Part 1
  - c. Digit Span
  - d. Trails B
  - e. Feelings
  - f. Moods in the Last Week
  - g. CVLT Part 2
  - h. Verbal Fluency
  - i. Category Fluency
  - j. Functional Assessment
5. Height and Weight
  6. Blood pressure and Pulse
  7. Temperature
  8. SAQ (Sleep Habits)
  9. Medications (in-clinic interview)
  10. SAQ (Medical History)
  11. SAQ (Lifestyle, Alcohol and Smoking, Caffeine)
  12. Chair Stand
  13. Walk Speed
  14. Grip Strength
  15. Tandem Stand
  16. Reaction Time
  17. Functional status (in-clinic interview)
  18. Functional Outcomes of Sleep(in-clinic interview)
  19. Restless Legs Syndrome (in-clinic interview)
  20. Serum sample (Clinic visit only)
  21. Life Space Questionnaire (in-clinic interview)
  22. DXA (Clinic visit only)
  23. Visual Acuity (Bailey-Lovie; Clinic visit only)